

NEW YEAR'S RESOLUTIONS



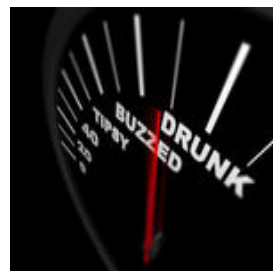
Do you remember making these resolutions?

“Next year, I’m going to loose this weight”

“Starting January, I’m going to quit smoking”

“After the New Year’s party, I’m going to slow down my drinking”

“Next year, I will keep my promise...”



“Learn how to Achieve your Goals”

For more information call *Lisa Ellis Certified Hypnotherapist*
905-701-9518

“I help people make a positive change in their life!”

Email: boostyourskills@talkwireless.ca

Visit us @ www.boostyourskills.ca



“Our little *SECRET* to keeping this year’s resolution”